

Why Desire is the Basis of Achieving All Your Goals

All of the great achievers throughout history have one thing in common. They have all been dreamers or desirers. If anyone is to achieve their goals in life then the first thing they need to do is establish what their desires are. That's what makes people who are highly successful different from the rest – they know exactly what they want in life.

Simply wishing for success is insufficient. If anyone is to make any steps towards their definite objectives then they need to have a determined attitude, bordering on obsession, to fulfil that desire. It does not matter what your desire is. It may be a desire to excel in business, it could be a desire to learn a new skill, or it could involve a desire to change aspects of your personal life.

Whatever desire a person has, it will only be fulfilled if some of the following actions are taken. Firstly a person must realise what it is they need to make them content with their lives and give themselves step by step aims. Then they need to consider how much work they need to put in if they are ever to begin achieving those aims. Next they should set a deadline for reaching their final goal and then create a plan with a timeline highlighting how and when they will go about their tasks. This knowledge must be updated and read out regularly to keep a person on track to satisfying their desire.

All who achieve great things adopt a similar philosophy when setting themselves goals. The best writers, artists, sportsmen, inventors, musicians and scientists, along with many other pioneers of modern professions, all follow the process of putting their thoughts into action successfully when backed by a burning desire. Everyone, no matter what their chosen path in life may be, will start in the same situation with nothing but their thoughts and desires to spur them on.

Many people lack self confidence and are unwilling to set their aims higher through fear of failing. This sometimes develops due to people close to them discouraging them because they feel they are unrealistic with their goals and life choices. It may be that friends and family do not approve and so use ridicule to prevent their loved one from making what they feel is a mistake.

However, these people need to realise that we live in a world that continually throws us new and unique opportunities. The world only became modernised with the efforts of the creative and productive generations before us. Without the burning desire that these people had we might never have discovered the power to travel abroad by plane, communicate with the other side of the world by phone, order something from overseas by the net. With the development of technology and the industrialisation of the world, we now have more job opportunity and diversity than we have ever had.

The time for everyone to realise their dreams is now. We must continue to follow the same methods of pioneers before us by taking the courage to act upon our thoughts with conviction and fulfil our burning desires. It is important that all negative influences are avoided. There is no excuse for procrastination, and laziness. It is easy for people to say they want to achieve but in reality they will only start to realise their goals once they take those first steps in which they make a plan outlining the route to success.

Everyone has to start somewhere and not everything will go to plan. What is fundamental to success is that a person is not discouraged by initial failure. Most people who have claimed to have 'made it' in life will also be the first to admit that they had failures along the way. With every failure comes the chance to learn something new for another opportunity.

All achievements no matter how significant they are to others begin with a burning desire to get the result intended. In the human mind there is a power that is hard to explain. It is the ability to focus positive thoughts on achieving the thing that is wanted most. Success is sometimes a thing that at first seems impossible. When a burning desire in a person is so strong the word impossible loses significance.

Source: <http://www.articlecircle.com>

About the Author

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