

Types of Weight Loss Pills

Weight loss pills or anti-obesity pills are medications that help to lose weight. These drugs decrease the appetite and increase the physical activity. These drugs should be used only for life saving that is in cases of morbid obesity. Anti obesity drugs suppress the appetite, increase the metabolism of the body and help to absorb nutrients in food.

There are mainly two types of weight loss pills such as Prescription pills and Non-prescription pills. Prescription pills such as Phentermine, Xenical and Meridia help in reducing weight. Non-prescription pills like Metabolife and Herbalife supplement for the loss in weight. There are certain creams and gel, which penetrate into the skin and dissolve body fat. Diuretics promote urination. It eliminates excess water beneath the skin. It also supplies electrolytes to maintain muscle fullness.

There are a variety of weight loss supplements like fat burners metabolism boosters, appetite suppressants and thyroid supplements. The following are some of the weight loss pills.

Anorectics: These pills reduce the desire to eat. They are used to treat obesity.

Amphetamine: This drug is an appetite suppressant. It belongs to phenethylamines compounds.

Ephedrine is a popular weight control product. It was banned in the U.S in 2003 but the ban was later revoked. It is also banned in competitive sports since it is said to enhance performance. It should be taken only after advice from the doctors.

Cocaine, taken from the coca plant leaves, stimulates the central nervous system. It is also an appetite suppressant. But there are certain side effects like hypertension, physical disorder or heart valve diseases.

Proactol reduces excess body weight. It is the first clinically proven fat binder. It is a medical device because it changes the mechanical process of digesting food in the body. This is 100 percent organic plant extract and fully natural. Proactol is free of allergens, artificial coloring salt flavors, gluten and preservatives. It has no side effects..

Pyruvate preserves muscle tissue as well as promotes fat loss.

Thyroid boosters burn the fat in our body fast. FDA recommends natural loss of weight through exercise.

Neopuntia is a 100 percent natural, 100 percent organic fat binder made from dehydrated leaves of nutritious cactus.

The obesity menace threatens diseases like stroke, cancer, diabetes and heart diseases. In such cases, diet pills can be of great use. Extensive research has shown that a reduction in dietary fat intake contributes to weight loss.

Source: <http://www.articlecircle.com>

About the Author

Visit <http://www.healthopts.com> for useful weight management tips and choosing successful weight loss Plans. Also, check out <http://www.healinglifetouch.info> to know how aromatherapy helps lead a healthy life.