

## The Need for Personal Growth

More than ever we are in need of Personal Growth on a global level. We are in dire straits because of a general worldwide lack of knowledge and awareness of what's possible when we create extraordinary lives for ourselves and each other. We can all contribute to the one world community and make the planet a better place. The norm has been people who spread negative news, promote fast food and pharmaceutical concoctions rather than address the cause of real life issues.

We have been trained, to varying degrees, to obey authority, work hard, and to speak when called on. The educational system instills an early model for learning that conditions our behavior as adults. Some of you may be going through life, day-in and day-out, just working hard, watching TV, eating junk food, and falling into bed at night. You may be living on autopilot rather than directing your energies and living life to its fullest.

Think about it: You are the producer, director, and actor of the movie called your life. To live an outstanding life, which includes doing what you love and being all you can be, you need to be proactive and deliberate on designing your destiny.

Today's world demands that powerful people step up and take a stand for what's important. Together we can challenge systems that no longer serve us and create new structures that will be designed more effectively to set us up for success.

The quality of our lives depends on us and how we choose to live. The choices we make ultimately shape our lives and many of us are waking up to this fact. With movies such as *What The Bleep Do We Know!?*<sup>TM</sup> and *The Secret*, people are becoming aware that there is more to life than what meets the eye. *The Power of Personal Growth* offers you significant awareness and knowledge so you can make empowering choices to positively impact your life.

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### About the Author

Manny Goldman is the founder and the visionary force behind PersonalGrowth.com. His vision is to create a community through PersonalGrowth.com that will transform the lives of billions of people. A community where it is normal for each person to share in each others' successes, provide valuable support, encouragement and accountability. He envisions a world where Personal Growth is common practice and each person living their dreams to their full potential. <http://www.personalgrowth.com>