

Recognizing Your Skills and Abilities

Going out into the job market can be a frightening prospect, especially if you are trying to branch out in a different direction than the type of work you are used to doing. It can seem as though employers are only interested in those individuals who have experience with certain techniques or who have performed similar types of work previously; with a bit of research, however, you will quickly find that there are a number of opportunities available to you so long as you are able to present the skills necessary to do the job.

Unfortunately, many people sell themselves short when trying to list or describe the skills that they possess. If you can't be confident in your skill set and understand the skills that are transferable into new markets, then you'll have a much harder time convincing a potential employer that you're the right person for the job they're offering. This is where being able to identify your own skills and interests can help you to bridge the gap and show that you are more than qualified for the positions that you seek.

Identifying Your Developed Skills

The first thing that you need to do is start thinking about the different jobs that you've had in the past and the various skills that you've developed over the years. Even fairly menial jobs can pass on a variety of skills, including those skills which are highly sought after in the corporate world such as time and project management and even customer relations. The skills that you have were developed with time and hard work, so don't be quick to discount them. List the various skills that you've developed through work and other activities, making notes of any areas that you are particularly strong in. Managing a household or home business requires skills. If this is you, identify what skills you possess.

Finding Your Natural Talents and Abilities

Some things just come easier to certain people, and being able to identify your natural talents can help you to get ahead when trying to get the job of your dreams. Examine exactly what talents and natural abilities you have, and how long you've known that they just come easily to you; many employers are interested in having people with talent and who can do the work that they offer them without struggling to get it completed. Don't worry that it will sound like you're bragging to mention these talents and abilities... that's what interviews and applications are for, to enable employers to evaluate potential employees and determine which ones will be the best for the job. Having natural talent in certain areas and showing documented proof will help to qualify you as being one of the best.

Following Your Interests

When you begin looking for a job, make sure that you try and find potential employers who fall within some of your areas of interest even if you've never had employment in that area before. Often times employers will ask job candidates during an interview exactly why it is that they want to work for the company they've applied at; being able to say that you're genuinely interested in the work that they do and having enough knowledge about the field to back that statement up will help to show them that you'll likely be a diligent worker and that you won't become bored with the work and go off seeking another job. If you have developed skills or possess natural talents which support that area of interest, that's even more of a mark in your favor since you will not only be interested in the work but will also have at least some of the skills and abilities needed to do it. These are qualities that employers are always looking for, and they can help you to land the job even when you thought that you wouldn't be qualified enough.

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Contact Career Coaching Connections at 248-390-0781 and visit <http://www.c3livingthedream.com>. Cindy Swiantek has provided coaching and instruction for several hundred professionals, assisting them in planning and executing successful career transition. She brings her own experiences from personally making the transition from employee to executive in the automotive industry. Her passion for assisting others is contagious!