

Dog Training - Train a Dog to Fetch

The fetch game is probably the most popular and most used dog activity for rewarding your dog and giving him exercise at the same time. Giving your dog regular exercise is essential in keeping your dogs health up to scratch and helping them live a more exciting happy life.

Playing the fetch game with your dog is very easy and takes as much effort as you want to put into it. Simply take some form of ball, Frisbee, or stick and get your dogs attention with it, as soon as your dog has their eyes on the swinging stick, throw it as far as possible and command your dog to fetch the stick and pointing in the direction you threw it in with some enthusiasm to make it seem fun for your dog.

Dogs love this game and are happy to play it al day long with you, some dogs like the game more than others due to breed tendencies to please the owners. There are many different products available to help you with this command if you suffer from a bad back or similar and are incapable of bending down or throwing, this product is a long stick that cups the tennis ball and makes it easier to throw and pick up the ball.

This activity can be an energetic exercise for both you and your dog if you want it to be. Running around after your dog and throwing for your dog to fetch is a way used by many to keep fit and not just their dogs. A helpful two in one exercise to keep both parties healthy can't be a bad choice!

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About the Author

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