

Human Growth Hormone FAQs

HGH stands for Human Growth Hormone. Human Growth Hormone is the naturally occurring substance from the human pituitary gland that plays a key role in young, active function of body, brain and sex organs.

Levels of Human Growth Hormone decrease as we age. By middle age and beyond, HGH levels have plummeted to a tiny fraction of their youthful levels — and science shows that there is a direct correlation between lost HGH and the typical signs of aging, such as weight gain, loss of interest in sex, sagging skin and muscles, wrinkled skin that lacks good tone and texture, flagging memory.

HGH supplementation has been shown to:

- * Decrease fat, while increasing lean muscle
- * Improve the look and feel of your skin
- * Increase bone density, and even reverse osteoporosis
- * Power up the brain, and maintain memory even during aging
- * Boost the sex drive
- * Tone and improve overall physical and mental well being
- * Contribute to better sleep
- * Improve mood, and banish depression and fatigue

How do I know HGH releaser products are safe?

Choose carefully to get the highest quality products from the options in this genuinely beneficial category. Go with a product from a company that has a good reputation, make sure the product is manufactured in GMP certified laboratories, that is, pharmaceutical quality labs of the highest standards. These are the kinds of safety checks to look for. Ask your doctor if you have specific concerns.

Some claims I've seen say you must have HGH by injection for it to work. If that's true, how can tablets be effective?

Originally, HGH products were only available in very expensive injections of HGH derived from donors' pituitary glands post mortem. The HGH molecule, it was discovered, could not absorb into the bloodstream by other methods because it is too large to pass through the walls of the digestive system. However, new techniques have created the tablet supplement that uses a formula to trigger and stimulate the pituitary gland to produce and secrete more HGH itself. The HGH goes into your body just as nature intended, in other words, through the glandular system — just as it did when you were in your 20s!

What side effects are there?

There are no known side effects with HGH releasers. Many studies have been conducted in all age groups, and no ill effects whatsoever have been reported. Just make sure the product you purchase is produced in a GMP certified laboratory.

How long can I take HGH?

Initially, it's recommended that you take the product for about 6 months to bring your body's HGH production levels up. At this time, you may wish to take a "pause" of up to 1 year, while you continue to enjoy the benefits of increased HGH. Your body's new HGH production levels won't drop dramatically during this time. Then you can repeat the process to enhance HGH production in the long term. If you are having trouble finding a product that outlines these specifications, we recommend GenF20™ .

How quickly do HGH releasers work? How fast will I look and feel better?

You should plan to stay on the HGH supplement for at least 3 months when you begin your program. Results vary depending on your existing level of HGH when you begin, so for instance, people who have very low levels of HGH have more immediate results. Most people, regardless of current HGH level, report feeling better, sleeping better and having more energy right away, with improvement in appearance and muscle tone and other benefits generally becoming more pronounced over the first couple months.

Is HGH just for older adults?

Because the lowest levels of HGH are found in older populations, they'll experience results most quickly. However, because HGH affects so many systems and organs, it has benefits for adults of any age.

I heard HGH was a very expensive treatment to obtain. Why are HGH tablets so affordable?

Advances in the engineering of amino acids that comprise this product mean the costs are only a small fraction of what HGH injections would cost. Originally, HGH injections could run as much as \$15,000! Now you can obtain quality HGH supplementation affordably thanks to new scientific breakthroughs in understanding HGH and manufacturing effective releasers of HGH.

Is it possible to take too much of this product?

As with all supplements or drugs, you should stay within the guidelines established for you by the research community and pharmaceutical manufacturer. Follow the instructions as they appear on the label or product insert, as increasing the dosage usually results in product wastage.

How can I obtain these products and maintain my privacy?

Ordering online is a great way to discreetly get the product you want. Read the site carefully to find out how the manufacturer ships; if they don't already ship in plain packaging that doesn't reveal the contents, you may be able to request the service.

How about a guarantee?

You should insist on a guarantee, and make sure to read the fine print. Although all reputable companies offer them, not all companies that have them are reputable... Take extra time to read how the guarantee works, some products require a one year supply to be eligible for a refund, so shop carefully!

If you have trouble finding a product you trust on your own, we recommend GenF20™, as it features a straight forward guarantee that you can have confidence in. For more information on HGH and GenF20™ please click here:

<http://www.erectionbooster.com/category/general-health-products/human-growth-hormone/>

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About the Author

Simon Jones <http://www.erectionbooster.com> I started my site as a meeting place for people who suffer from various health concerns. The topics I discuss range from sexual dysfunction to hair loss. I wanted to make a "safe haven" where one could have an anonymous place to discuss their problems, issues and solutions. Read the experiences from others and see if their solutions can be beneficial in helping you.