

Coral Calcium - Natures Wonder Mineral

While some people may dismiss this phenomenon as a chance observation, there are new scientific and medical discoveries that give credible, scientific basis for the use of coral calcium for health. One key constituent of coral calcium is readily absorbable calcium and magnesium, but other factors within coral, including its highly balanced mineral content and the occurrence of microbes, may account for observed benefits. Oprah Winfrey recently had "experts" on her show that said that the reason for the longevity and good health of the Okinawans was the good food they eat and their lifestyles. Although this sounds acceptable, it does not stand the test of scientific scrutiny or even simple logic. Only a short distance away from Okinawa there are islands where the people eat the same food, have the same lifestyle and yet they are diseased and have a much shorter life expectancy. Also, prestigious Japanese scientists have concluded that the reason for the good health and longevity of the Okinawan people is their consumption of 'calcium rich coral water'.

However, despite recent findings, for a great many years, Japanese and American scientists and researchers attributed longevity in Okinawa Prefecture to the climate and diet of the people. This is an obvious misconception that can be proven. In Okinawa, the one thing that we are certain of is that for many years Okinawans have used coral in inventive ways and even when not added in their food preparation, its habitual presence enriches the environment largely through its presence in water. Then in the 1950's Professor Jun Kobayashi revealed his "ground breaking" work that showed "a direct relationship between the 'hard water' that is consumed by Okinawans and their long and healthy life span." The work of Professor Kobayashi was published in the Sokai Journal of Okinawa under the loosely translated title "The secret of health and longevity in Okinawa, where many people live to an advanced age and where the incidence of all diseases is low". Also, in 1985, Dr. Jun Sato, Professor of Okayama University presented his research at the academic society where his investigation concluded that the lower rate of disease and the longevity of the Okinawans "was due to the calcium enriched coral water". Finally, Professor Jun Kobayashi of the University of Okayama presented a paper in 1990 where "he concluded that there was a correlation between longevity and good health and the calcium rich coral water in Okinawa".

Thus, these men of science in Japan have all concluded that the good health and longevity of the Okinawans is due to the calcium rich coral waters, which means that vitamin d (produced through significant exposure to sunlight), working in biological tandem with calcium due to its assistance in its absorption in the intestine, also plays a crucial role in the fountain of youth

Bobs Products are brought to the public to supply everyone with the same minerals that the Okinawans use by <http://www.coralsupreme.com>

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About the Author

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