

Why You Should Move to a Retirement Community

After working nearly your entire life, it is finally time to kick back, relax and take advantage of the retired life. So where do you go now? Do you want to continue living in your current home? Do you want to travel the world? Have you considered moving into a retirement community? There are many reasons a lot of seniors are moving into retirement communities rather than staying in the homes they lived in for years. Why? Here are the top five reasons seniors move into a retirement community.

Maintenance-free living makes life a breeze

There are many types of retirement communities, and most include [maintenance-free living](#). That means you no longer have to venture out in the hot weather to mow your lawn. If you live in a cooler climate, you will no longer spend winter mornings busting your back to scoop the sidewalk. The maintenance staff hired by your retirement community is ready and able to perform these maintenance tasks for you. Your yard and sidewalks will always look nice, but you won't be doing the demanding work.

Quick, convenient health care when you need it

Retirement communities are very good about employing staff with health care experience. Some communities, such as skilled nursing, continuing care, assisted living and Alzheimer's communities, hire nurses for the convenience of their residents. For instance, staff members are on site to help the residents bathe the resident, administer the resident's medication and check blood pressure, pulse rate and other vital signs, making sure that health comes first for their residents.

Make a new network of new friends

By joining a retirement community, you join a whole new world of friends. You get to meet new neighbors, who are all retired just like you. There are many activities geared toward helping you to meet many different people in your community.

Stay plenty busy with different activities

Although you are retired, there are plenty of [things to do](#). Many active retirement communities have activities, including anything from bingo to golf to [tennis](#). Most retirement communities also host tournaments and other social events for the residents to interact with each other.

Relax

Whether it is kicking back by the pool or playing golf in gorgeous summer weather, you will have plenty of time to relax. After all those years of working, you should be able to relax. Many seniors choose to join membership in different associations, such as the [National Senior Golf Association](#). If you want to [travel](#), you can leave whenever you would like, and you won't have to worry about finding someone to mow your lawn, rake your leaves or water your flowers.

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About the Author

M.J. Joseph is a freelance writer from Kansas City, MO. You can read more of his articles about retirement communities, senior care and senior activities and find information about retirement communities in your area at [Find-RetirementCommunity.com](#).