

Youthful Essence Microdermabrasion Home System

This kit is deemed a very popular choice amongst the consumers and was developed by a team of award winning skincare specialists (Dean and Amy Rhoades - husband and wife) and was eventually placed into the market by Susan Lucci.

The product was initially created for celebrity clients who wished to continue their microdermabrasion treatment at home and yet, achieve the same results that a professional salon or centre would obtain.

In summary, the Youthful Essence microdermabrasion home system contains:

1. Vitamin-Enriched Resurfacing Cream (micro crystal cream which also nourishes the skin while exfoliating it)
2. A resurfacing tool
3. Cleansing facial wash
4. Facial mist and toner
5. Daily protection moisturises with SPF15

This system is a well balanced product which combines impressive cosmetic technology and luxurious spa-quality ingredients. The resurfacing cream is enriched with Vitamin-E and is formulated with finely ground mineral crystals and nutrient-rich cream possessing antioxidant properties. The cream nourishes the skin whilst subtly exfoliates the dry, worn-out upper most surface of the skin.

The resurfacing tool is very user friendly and it gently helps the skin initiate the skin-renewal process. The soothing massaging motion of the tool coupled with the soft sponge applicator allows for even and safe exfoliation.

The included cleansing facial wash, facial mist and toner and daily protection moisturiser (with SPF15), are designed to prepare, soothe and protect exfoliated skin.

Most customers using this system have rated this product either excellent or satisfactory based on visual results of skin - skin surrounding the eyes is significantly revitalised, skin pores appear smaller, acne scars and wrinkles are less apparent. Surprisingly, patient trials have revealed that most people have smoother skin after treatment and results are obtained as early as the first round of treatment. Consumers have stated that the system must be used at least four times per week in order for maintenance of good visual results.

Contraindications

Some of the products in this package contain alpha hydroxyl acids or retinol which can cause increased skin sensitivity. In addition, people who suffer from bad acne and highly sensitive skin are advised not use this system. Customers have also reported adverse reactions such as acne breakouts, severe redness, and extreme sensitivity. A small number of people with sensitive skin have said that this product may not be appropriate for them as they find the crystals a bit harsh on their skin.

The Verdict:

This product has demonstrated that results can be visualised quickly and for those with sensitive skin, there is a special resurfacing cream formula available.

The standard system cream is not indicated for sensitive skin and the micro crystals may be too harsh on the skin. This can lead to possible acne breakouts, redness, and increased skin sensitivity; in this case, the special cream formula should then be ordered.

In summary this system may be a good choice for home microdermabrasion but it would help if more published literature reviews were made available to members of the public so that a general consensus about the product can be made. With this in view, it would seem appropriate to ask professionals (e.g. Dermatologists, Salon beauticians etc.)

Source: <http://www.articlecircle.com>

About the Author

Asanka Samaranayake (BSc Hons Neuroscience) and Darren Patten (Bsc Hons Surgery & Anaesthesia) have a specialist interest in microdermabrasion and provide you with indispensable resources.

http://www.micro-derm-abrasion.net/Youthful_Essence_Microdermabrasion_Home_System.html