

Rebound Quickly From Setbacks!

A lot of successful speakers like to share their success stories. Sometimes if you are lucky, they will also tell a little of their earlier unsuccessful attempts. If you probe around, you will likely to find that most successful people have encountered some kinds of setbacks before they make it big.

One speaker becomes a millionaire at an age of 26. But before he is successful, he had failed in a business before. Another speaker shared with us that he had a failed business that ended up owning a lot of debts. He has managed to pick himself up and start another business that has helped him to pay off his debt. If you listen to more and more successful people, you will find that they have their shares of failures. But they never give up as a result of their setbacks. In fact, they have rebounded quickly from their setbacks and try again.

This reminds me of my first failed attempt to start a business. For a few years, I was very depressed. I gloated over my misfortunes. I am afraid to fail again. Because of that, I wasted a few years for not trying again. Now that I have learned from the successful people, I know that setbacks are just part of the learning process to become successful one day.

Recall how did you learn to walk as a kid. Did you simply stop trying for a few years after a fall? No, you did not. In fact, you recovered quickly from your fall and try to walk again.

No matter what you do, you need to recover quickly from setbacks and keep trying again and again! Please note that trying again does not mean repeating the same old plan and actions. You need to adjust your plan and actions based on the lessons learned from past mistakes. In this way, you will be progress towards success.

For example, if you want to learn to cycle. Initially, you will fail to balance yourself properly. Maybe you will have a couple of falls in the process. If you give up as a result of the falls, you will never learn how to cycle. But if you keep trying and adjusting your body balance, one day you will find that you have managed to master cycling. However if you keep trying by repeating the same old mistake, you will never get close to master cycling at all.

The idea that I will like to share with you:

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