

## Anti Aging Informational Tools

What are the tools for anti-aging? Today we have creams, injections, serums, foams, gels, surgeries, lotions, masks, and many other products available for the taking on reducing wrinkles. The problem is many of the products sold with the exception of a few are pricey, therefore affording care for the skin is out of reach for the most of us.

What is a person to do? If you wanted to get BOTOX treatments, the process works according to many reviewers, however you will pay \$250 and up for ongoing procedures. Other product skincare lines including BOTANIKA products offer anti-aging solutions for less, and most of the products are natural, which is worth trying.

Other anti-aging skincare lines are hazardous, according to new researchers. Some products come with chemicals that are linked to cancer; therefore, considering anti-aging solutions should be carefully thought through.

Living in a country based on greed, I watch as many vendors take advantage of the harms the system brings by inventing strategies that lead to harm. Chemicals and pollutants fill the air everyday, spreading around, thus even youthful people are aging quickly.

The sun is a natural source, however spending too much time in the sun's rays will only cause lines and wrinkles. Frowning is a part of life, however, people who frown too much will often encounter crowfeet and fine lines.

As you can clearly see, too much of any one thing is never good regardless of its natural nature. My sister worked in fields all her life and all she has to show for it is a wrinkled, crinkled face, premature in nature. Few people dispute that the sun is harmful, yet evidence down through the years shows otherwise. When evidence and facts are available, opinions and theories are out the door. I am a firm believer of backing my words with evidence and facts, otherwise keep your mouth shut. After studying human behavior all my life, I have watched youthful skin turn into old age rapidly when people frequent the sun and tanning beds.

Smoking also causes harm to the skin. If you smoke and/or are around smokers often prepare self for lines, wrinkles and crowfeet with possible other health and aging signs:

Few anti-aging products claim to reduce wrinkles and other signs of aging, but according to few reports, some of the products will reverse, especially if you frequent the sun. Some products, have no SPF shield, which protects the skin from sun rays, thus according to one report using these products can lead to premature aging if you visit the sun often, since it lacks the protection.

BOTOX at this time has no side effects, since exclusive testing is not available, however according to a few reviewers the injections on the initial visit causes slight pain around the head and bruising. Of course, if someone is injecting your face with pointed objects you will experience bruising, especially if the skin is sensitive.

The serums on the marketplace, including CELLEX-C Serums, according to reviewers works well, however the price of the anti-aging solution is outrageously priced. The price range is around \$250 with slight differences in prices depending on where the product is purchased.

New products sold by Avon gave negative reports. The product pricing is a bit high to chance on the label. One of the downsides about many skincare products is the manufacturers include harmful ingredients including Carcinogens and Parabens. Both groups of chemicals have been linked to cancer; therefore paying hundreds of dollars on possible cancer-based products is not wise in my opinion.

If you are searching for solutions to minimize aging signs, it is always wise to stick with the natural rather than choose the chemical-based products. Inborn, we have natural sources inside us that helps protect the skin, including DHEA, MELATONIN, vitamins and so on. The body produces its own degree of nutrients, however, the environment wears down the system. For more information on aging and products that reduce aging signs, I recommend you do a little research before paying the high prices for some of the anti-aging products.

Source: <http://www.articlecircle.com>

### About the Author

Harry Dubois has spent many years studying and colating methods that promote natural health which includes help with weight loss, skin care and general diet issues. Some of these can be found at <http://skincare.naturalhealthandbeautyonline.com>