

Believe And Achieve

Don't we all want to be successful? In life? As a person? In your career, job, business?

The fundamental law of human achievement is the law of belief. It suggests that you always behave in a manner consistent with your beliefs. If you believe you are a Roman Catholic, then you are. If you believe you are a Buddhist, you are. If you believe you can ride a bicycle, then you can ride a bicycle. Even if you can't ride a bicycle as long as you believe you can, but if not then you will persist in failing until you can actually ride. Unfortunately, once you decide you can't ride a bicycle, then you can't. Even though we are all capable of riding a bicycle, once you believe you can't, you can't.

You then suffer from the self-limiting belief that you just cannot do it. Your belief is not based on fact it is just a belief. Even though our self-limiting beliefs are not based on fact, we always behave in a manner consistent with our beliefs. If you believe you can drive a car, be creative, set goals, implement a successful life strategy, or marketing strategy, sell well, negotiate, be a leader, understand the financial implications, manage your time well, etc., then you can master all these skills.

Even if at the present time you have not mastered these skills, as long as you believe you are excellent, then you will make the necessary efforts. You will set goals, design a personal development plan, and set personal and family goals and resolve to pay the necessary price.

Another vitally important aspect of the law of belief is that you can believe anything that you want to believe. You can believe that you are brilliant at marketing, selling, finance, relationships and time management. You can believe that you are successful in business. You can believe that you are a millionaire. As long as you truly believe, then you will hang on to that belief, despite setbacks, until your beliefs become your reality. Without a doubt, your beliefs are your reality.

Make a decision to adopt beliefs which are consistent with achieving your goals. All successful people have beliefs consistent with what they want to achieve. Join them! Make a decision to change your beliefs. The beliefs you hold at the moment are largely responsible for the position you hold at the moment. If you change your beliefs, then you change your reality. Changing your beliefs about yourself means changing your self-concept. Your self-concept is your bundle of beliefs about yourself. Make a decision to adopt the self-concept which is consistent with achieving your goals. We get our beliefs from our culture and what other people tell us. When we are little our most significant others tell us things which describe us. If the parent tells the child he is useless he will grow up believing it and manifesting that uselessness in his life. If the daughter was told she is beautiful and sings like an angel, she will grow up believing it whether it is true or not.

Everything starts with ideas or thoughts. Thoughts and ideas become feelings which eventually become beliefs. Your beliefs have a powerful effect on your expectations. Your expectations have a powerful effect on your attitude. If you believe you are destined to become successful then this has a strong effect on your expectations which in turn become very positive. Your positive expectations are translated into a very positive attitude. Your attitude is the major determinant of your success in achieving your goals.

Everything comes back to beliefs. Successful people have the beliefs of successful people; unsuccessful people have the beliefs of unsuccessful people. Make a decision to adopt the beliefs consistent with being successful. Make a decision to shake off self-limiting beliefs and negative emotions. This drains energy and is time wasting. Replace them with positive beliefs and positive emotions. Start now! And believe in yourself!

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