

## Learn Why Understanding The Need For Building Relationships is Important

All kinds of relationships are perceived to require extra effort to maintain. However, a relationship can also be something that can provide security, be long lasting, and withstand trials.

Building an effective and lasting relationship is a necessity for several reasons. In a group or organization, the well being of the people depends on how efficient that particular group or organization works. The group or organization is also dependent on how the members work well with management.

An ineffective group or organization is a source of frustration for an individual. Other groups or organizations ask so much from the members; that sometimes the members do not have life outside the walls of the area where they work. These members sacrifice other aspects of their lives just to meet deadlines. This scenario presents a strain in relationships that can lead to a breakdown.

Society is defined as a web of associations. These relationships require all parties to work and contribute in order to achieve a common goal. The presence of cooperation and respect within a group or across organizations can make the society work better.

The effort to understand the other party's concern and position constitutes an effective and efficient relationship. This can be done by simply asking them what they want and listening to what they have to say. When this is done, the other party would feel the importance accorded to them.

Effective and efficient relationships require open expression of their feelings and positions on all matters pertinent on the relationship. It is not a good practice to just assume that the other party understands your needs.

Respect is the key to relationship. You show respect by listening, understanding their concerns, and acknowledging their efforts. Efficient relationships cannot exist in an environment where people form quick judgements based on unfounded facts and prejudice. Respect is the very foundation for a great relationship. This also means respecting your self and others.

Another important practice is to directly talk to the concerned party in order to settle differences. They should work towards a win-win solution for both parties.

This can be achieved when at least one party acknowledges the importance of the relationship. That group would exert time and effort to understand and deal with the other party's concern to get it out of the way.

Concerned groups can have informal discussions to bring out issues and concerns. They would also feel more relaxed and have time to think more clearly. When parties fail to express whatever is on their mind, it can get in the way of building an effective relationship.

Parties should be aware that certain things exist naturally, but some of these can be controlled. One example is a person's tendency to engage in stereotyping, blaming others for strained relationships, disregarding other part's feelings, and setting unclear objectives.

Relationships are important to everyone. Everyone is connected, very much like the saying "No man is an island".

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