

How To Be Safe, Well, And Happy

The only way to live a happy, prosperous, successful and fulfilling life is to learn to express the love that is within you. When you meet yourself, others, and the life that you express with love, then you will change everything for the better.

Who you are is an incarnation of love because what you seek, above all else, is to be well, safe, and happy; and that is what love provides, an assurance and promise of well-being.

The absence of love, the varying degrees of hatred, create conditions of distress that destroy the cells of the body and ruin the structure of a life, causing only illness, aging, stress, and destruction.

The human condition as we know it, in all its distressing dilemmas, is made possible only because of this denial of love.

Apathy, grief, fear, lust, anger, and pride which lead to poverty, illness, and loneliness all arise out of a denial of the love that is your very nature.

Love does not have to be invented. It is fully manifested in a new born. However, with social conditioning, it gets covered up quickly, as the little person is consistently denied assurances of well-being. Criticism, punishment, expressions of coercion, cause love to hide, become distorted, and retreat from full expression.

Even when avatars come to teach love, pointing out that your real nature is only love, they are met with various levels of resistance. Those who oppose them have a lust for power because they mistakenly believe that only force creates favorable conditions.

Yet if you look at the history of this world, you will always see that force only destroys, both the enforcer and the enforced. It does not replace what love does; it does not assure well-being.

All the disasters in our own lives and the world as a whole is a result of this substitution of force for love. We force ourselves, we force others, and we create institutions that assure the expression of force.

Yet force does not create safety, and enforced compliance does not create a better world.

Ironically, it is very simple to change everything to start working for you. In all cases where you want to apply force, apply love.

Within a week, your life will be much better. Within a year, you will not even be able to recognize your life.

As you learn to be more loving, you will not only affect your own life, but the lives of all those whom you touch. They will, then, pass on your blessing to others.

You will literally be changing the world; not by doing anything special, but just by being more yourself, the self that is naturally kind, loving, and nurturing.

A return to love is the answer to discover the life that you really want to live.

Love, like sunshine, can light up all the dark places in your life and heal the wounds of the world.

We are all in this life together, all hoping for some miracle that will right wrongs and make the crooked places straight; but the power that we seek to do good is our own lovingness. All we have to do to change everything for the better is gradually build up our courage to express it.

The great wisdom of life will not be discovered by your mind but by your heart. You, in your own divine splendor, are the light of the world, the promise of hope, and the assurance of better things for all beings everywhere.

If you ask for the happiness, prosperity, success, and fulfillment of the world, this is what will come back to visit you in your quiet hours. At every moment you have the choice to turn the mundane into the magical.

About the Author

Saleem Rana would love to share his inspiring ideas with you. Hunting everywhere for a life worth living? Discover the life of your dreams. His book,

Never Ever Give Up is offered at no cost to stimulate your success. <http://www.theempowersoul.com/enter.html>

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