

How To Train Your Subconscious Mind!

It's all in your mind! How many times have you heard that old saying? It's true! When it comes to your financial health it is all in your mind! There is no doubt that the mind of man is the greatest single force in the history of the world. Our problem as humans is that we don't always believe what our mind is telling us! This is when our belief systems have to go to work!

When your mind tells you something long enough, your heart will follow. The Bible even gives us direction on how to achieve great things. Proverbs 18:21, "The tongue has the power of life or death, and those who love it will eat its fruit." To me this simply means to be careful of what you say, it just might come true! Want to persuade yourself that something you want can be accomplished? Keep saying out loud that something great is going to happen! Think positive. Keep doing that over and over until you succeed! It works the same way if you voice something negative time after time, so watch what you say!

While this is a simple truth, it is not always easy to achieve but as history has shown it can be done. Does anything worthwhile ever come easy; no! The test is whether you want what your mind is telling you badly enough to keep going when it seems that you're going to fail. Most people give up on something just before success. It takes perseverance!

We Americans have become a nation of people seeking instant gratification. We don't always know what we want, but we want it now! We don't want to fail! Thomas Edison, after he had invented the light bulb, admitted that he had tried over a thousand times to make the product work. When asked how he could have kept going after failing that many times, he replied that he hadn't failed, but had found a thousand ways that it didn't work. He kept going until the bulb burned!

In repeating your goal over and over again to yourself, you're telling your subconscious mind that you are going to succeed. Soon your subconscious will be telling you in your sleep that you're going to have success. Remember, one necessary ingredient in training your subconscious mind is perseverance!

Winston Churchill, one of the greatest statesmen the world as ever known, was asked to give a commencement address to the graduating class at Harrow, the boy's school he had attended many years before. This was at the beginning of World War II when Churchill was prime minister of England. On the morning of his address the small auditorium was filled with some of the brightest young men of the school. All were anxiously awaiting Churchill's speech. They all wanted to know what wisdom this great man would have to share.

That day as he looked out over the classroom filled with young men, no doubt remembering the days when he was sitting behind those very desks, he said these lasting words, "Never give in---never, never, never, never, in nothing great or small, large or petty, never give in except to convictions of honor and good sense. Never yield to force; never yield to the apparently overwhelming might of the enemy."

Tell yourself that you can do something, and then keep at it until you do it!

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