

Quick and Easy Worm Farms

Worms can do a miracle for your garden, because they aerate the soil and their castings are an excellent fertiliser. By starting a worm farm, you can get a constant supply of the worm fertiliser and additional worms for the garden. It is recommended that you use Red or Tiger worms. The worm farm is a simple structure that you can make on your own. A worm farm is made out of four plastic bins, where the worms live. Instead of plastic you can use any other type of material that is water resistant and it is light at the same time. Instead of making them, you can buy a worm farm for about \$50 to \$75, which is the price for four bins. The worms live in those bins, wriggle their way up to the bin above, where they can smell fresh foodfruit, vegetable and other scraps that might otherwise go to waste.

Bins that make up the worm farm should have holes in the sides to allow air to flow, and a spout that can be opened or closed or holes in the bottom to drain into a collection tray. Bins made out of plastic require more drainage than wooden, because they do not absorb anything. The design of a small bin depends on where an individual wishes to store the bin and how they wish to feed the worms. Most small bins can be grouped into three categories: Non-Continuous, Continuous Vertical Flow, Continuous Horizontal Flow.

Worm farms must contain bedding. Bedding is the food source for the worms as well their living medium. The bedding is from carbon and it is made in such way to imitate the dried leaves on the forest floor, which as we all know is the worm's natural habitat. The optimal temperature for the worm farm is 55 to 70 degrees Fahrenheit, and it is very important not to let the temperature of the bedding drop below freezing or above 85 degrees Fahrenheit.

Worm farming is a method of converting vegetable and fruit scraps into a great potting soil or soil amendment for your garden or house plants. It can be done during the whole year, by apartment dwellers and home owners. Worm farming is especially useful for people who would like to compost their food scraps but do not have space for a backyard compost bin.

The worm farm must contain the most suitable food for your worms. Worms eat both plants and meat so most organic waste can be fed to them. They will eat most kitchen waste, including vegetable and fruit scraps, but do not feed them too much acidic foods, like citric fruits, coffee ground and tea bags. Meat is also not recommended because it attracts insects and creates odors. Have in mind that feeding your worms with meat can attract insects and create odors.

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