

## How Do You Rate Your Professional Image?

Every minute of every day you must live with yourself. Some of those moments are spent interacting with others. Many of those moments are spent with yourself. Which is your better image? The one you display to others, or the one you reserve when you are alone? Do your family, relatives, friends, and co-workers have nice things to say about you?

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Whenever you are not a pleasant person to be around, your image may need a little adjusting. There is no escape and no other alternative. This being an unavoidable fact, it stands to reason that you must find a way to correct any negative opinions others may hold against you --and even those negative opinions you may hold against yourself. Doing so makes for a more peaceful, enjoyable and fulfilling life.

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With human nature being the way it is, there is a persistent need to be dissatisfied with the choices you make in life. This too, cannot be avoided. Yet, it is up to each of us to find the balance and simply learn to know yourself and your personality by making an honest and thorough self-analysis. Not only is it important to make a good first impression, it is also wise to make the other person feel important.

You can program yourself to be the best you can be. Do you need to gain more knowledge in certain areas of your business? Do you know where to go to get the help you need? Can you make wise choices when you have to make a decision? The more you tell yourself exactly what results you wish to see happen, the more often those mind suggestions can come true.

Try building your own dream page. Jot down every wish or desire you want to come true. Your page may go something like this:

1. Today, next week, next month, next year, or two years from now I will reach my prosperity goal. Prosperity exists first in your mind. Act as if you have already reached your prosperity goal and take actions to make it a part of your reality. It is not natural to settle for lack. That goes for anything that is worth having: good health, a comfortable home, a nice automobile, a prosperous business, a fulfilling career, and the list goes on. The more you think about your goals, the quicker they become real. They become anchored deeply in your subconscious, waiting for you to see it, feel it, taste it, touch it and make it a part of your life. Involve all of your senses.
2. I will cheerfully give more so that more will be returned to me. This is the law of circulation and attraction. Never hoard your time, money, support, energy, or possessions. Learn to freely release them so that they can freely come back to you. You attract more of whatever it is that you freely share with others. So, learn to give only good, and only good will come back to you.
3. I will learn to forgive. This challenge has a positive effect on your health, your well-being, and your perception of life. When you continue to let grudges, resentment, jealousy, and negative encounters affect your daily feelings, you tend to block positive energy, prosperity and harmony from coming into your life. You must also learn to forgive yourself. Your professional image is tarnished when you can not forgive someone who has wronged you in the past. The same is true when you can not forgive yourself for a past mistake. Your life will continue to experience lack, disharmony and prosperity.
4. Today is a new beginning. I will change any negative behaviors and work on my professional image to become successful and prosperous. Success and prosperity is your natural state. Everyone is given the opportunity to be healthy, joyful, and wealthy. All things are possible. Ideas are everywhere. Focus your attention on your health, your happiness, your intelligence and talent, and your freedom from financial problems. Use your faith and expand your awareness for prosperous outcomes.
5. My image depends on displaying a professional manner at all times. How careful are you with your appearance? For women, your hair must be neatly styled, and your make-up in good taste and suitable for the occasion. The same etiquette applies to men. Neatly trimmed hair and a clean shave is a sign of good grooming. Add to that a positive attitude, a smile, and a sincere desire to help others will keep you calm and able to handle most challenging situations. Then by consistently expressing the best parts of yourself, you will not help but like what you discover and others will rate you a winner!

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### About the Author

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