

Island of Dreams

I'm going to give you a trivial example to illustrate something huge.

Apply this tip and you'll step into a transformation.

I'm promising you this because it happened to me.

For years now, I've had, as my desktop, a picture of a white colonial mansion set in a verdant green garden.

This symbolized prosperity for me. Tradition, security, and spacious and gracious living.

One day, however, I got impatient with it, sifted through what other images I had on my hard-drive and discovered a breathtaking island scene...sparkling waters, a painted swatch of cerulean blue sprinkled with sapphire, a golden, sun-drenched island with languid palm trees rustling in the wind, and a massive white sailing ship cutting through the water, heading straight for the island.

Now whenever I sit in front of my computer, I feel the pull of my dreams even stronger-a life of beauty and elegance, achievement, contribution, and even joy.

This is the trivial example...but, there is a powerful metaphor behind it.

You are the pictures in your mind.

Let that sink in for a moment.

Everything that you see, feel, experience, and acknowledge around you is due to a singular fact: it is an out-picturing of your inner vision.

If you're surrounded by beauty, truth, and goodness, magnanimous friends, a loyal and devoted family, a business that lays golden eggs every morning so that you can enjoy the best breakfast possible-then my advice to you is to stop tuning in...you have much better things to do with your time.

If, however, everything is distressingly short of your ideal, then you may want to listen in.

Your thoughts, moment by moment, create your reality. They force you to make this choice over that one. You see only through the filter of your mental pictures. Opportunity or the lack of it only appears before you based on how your internal map of reality is set. You navigate your whole life based on your conditioned experiences.

Now if it's not what you want-you need to change the picture, redraw the map, reconfigure your internal boundaries, and polish up the tarnished silver of your dreams

Instead of focusing on what is before you, you have to focus in on what resonates with your heart. It's the belief in the evidence of things not seen that will shift your reality.

Seeking counsel is a fine thing, doing the best you can is a noble one, but the sage that you seek and the path that is your own can only be found within.

If you don't make this move, you'll continue living out your life unconsciously, accepting what is and going with it. While this is the fate of the bulk of humanity, the depression inherited by centuries of helplessness, is it really the best way for you?

You have a vast internal power, my friend.

Imagine what would happen if you used it?

You turn on the power by changing the pictures in your head. You have to run a different internal movie.

Little by little, things will change for you. Instead of living as a drone, part of the conditioned masses, you'll become a visionary. Instead of accepting limitation, you'll start embracing possibility. And instead of being like everyone else, you'll become the person that you really believe yourself to be inside, the one who wakes up in the morning with a smile and a heart overflowing with joy.

Your stodgy white colonial mansion may make you feel safe, but you'll be missing out on the thrill of riding an 18 meter Catamaran straight to the island of your dreams, where the sun is always warm and inviting, the sand beneath your feet is soft and yielding, and the song of the ocean is a lullaby that caresses every cell of your body with an echoing peace.

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About the Author

Saleem Rana would love to share his inspiring ideas with you. Hunting everywhere for a life worth living? Discover the life of your dreams. His book, Never Ever Give Up is offered at no cost to stimulate your success. <http://www.theempowersoul.com/enter.html>