

You Have A Diamond In Your Pocket

People travel to wonder at the height of the mountains.

They gasp at the huge waves of the seas.

Here, locally, in Colorado, they jump on rubber boats to enjoy the long course of the rivers.

They are amazed at the vast compass of the ocean.

At nights, they pull out their telescope to marvel at the circular motion of the stars.

Yet the most amazing thing about them is that they pass by themselves without wondering.

The world is fascinating, but what can be more intriguing than being a soul in the world, caught up in yet another adventure?

There is so much to learn about ourselves.

Just by journaling, you can see the pattern of your life. You can learn the lessons of your experiences. And you can learn to focus on your strengths and overcome your weaknesses.

And if you could just grasp this simple discipline, then many of your difficulties would fall away.

Because the lessons are not noticed, they are not reflected upon.

And the same painful cycles of grief repeat themselves over and over.

Why is that?

Why are people so impatient with themselves? Why are they so indifferent to themselves? Why do they value themselves so little?

Is it the fear that if they liked themselves a little more it would be narcissistic? Yet vanity is not self-appreciation. Vanity is a mere shell to hide one's insecurity. Self-appreciation is a way to empowerment of self and others.

There is so much potential in each and every person. There is so much latent ability. If people tapped into it, they could open up whole realms of happiness and satisfaction.

Yet few pay attention to their own value.

But--

The human soul is more wondrous than the height of the mountains.

It is more delightful than the huge waves of the seas.

It is more enjoyable than the long course of the rivers.

It is more amazing than the vast compass of the ocean.

And it is more marvelous than the circular motion of the stars.

Yet people disrespect their own souls. And because they don't appreciate themselves, they don't appreciate others either.

They understand very little and reflect even less about who they are and how they can contribute to life.

It's almost tragic how people miss the most fascinating thing in all of creation: their own inner beauty and that of others.

Why would anyone with a diamond in their pocket, go around bemoaning their wretched condition?

About the Author

Saleem Rana would love to share his inspiring ideas with you. Hunting everywhere for a life worth living? Discover the life of your dreams. His book, Never Ever Give Up is offered at no cost to stimulate your success. <http://www.theempowersoul.com/enter.html>

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