

## A Few Simple Things You Can Do To Rekindle A Relationship

One easy way to bring the excitement back into your relationship is to set up a date night. While you may see each other daily and even go out to dinner every Friday night, setting up a date night outside of your usual schedule will enhance your relationship and give you something to look forward to. Don't just schedule a night to go out to dinner but treat each of these date nights as if they were first dates and make them special, go buy some sexy lingerie to wear underneath for later!. Go all out getting yourself dressed up and take special care in your appearance. Prepare for your date night as if you were really trying to make a good first impression. Going out of your way to have at least one night of fun and romance a week will help add a little zing to your relationship.

Giving your partner gifts for no reason at all is another way to get your relationship back on track. You may have lavished gifts on your partner early in the relationship but as the relationship progressed you may not have done so as frequently. Small, meaningful gifts given just to make your partner happy will let them know that they are still always on your mind just as they were in the beginning of the relationship.

The simple act of holding hands can also add excitement back into a relationship. This intimate gesture conveys a sense of security but it also lets your partner know that you want to be close to them at all times. Many couples hold hands everywhere they go early in a relationship but don't do so later on. Try grabbing your partners hand as you are out running errands together. They will be touched by the sentiment and will be happy to be sharing a sense of closeness with you again. Doesn't it get you when you see an old couple holding hands?

A kiss is still another way to bring the excitement back into your relationship. You may have gotten into the habit of giving your mate a kiss on the cheek or a quick peck on the lips when you see them after a long day of work. Trying kissing them with passion the next time you see them to catch them by surprise and really let you know not only how much you love them but how attractive you find them as well.

Having a common interest can also promote excitement in a relationship. If there is an activity that you both enjoy doing, make it something that the two of you do together often. For example if you both enjoy hiking make plans to go hiking every Saturday morning and each time you go out make it a little different by exploring a new location or setting new goals for yourselves. This will give the two of you a chance to reconnect while enjoying each other's company. Having a ritualistic activity that you and your partner enjoy together creates closeness and intimacy that can help put the excitement back into your relationship.

Offering your partner a massage when they are worn out and tired can also bring the excitement back to your relationship. A massage can be a very sensual and intimate experience. Additionally offering a massage lets your partner know that you can see that they are stressed out and exhausted. They will appreciate your putting them first in the relationship and this will help bring back the excitement in your relationship.

Over time a relationship may lose some of the excitement that it had in the very beginning. While this may be troublesome it is also completely normal and also reversible. Noticing the lack of excitement in your relationship is the first step to restoring that excitement. It may take a little work but with a few simple actions you can be on your way to an exciting relationship. Don't forget to make them feel special, sometimes just giving them something nice like a new piece of lingerie can make all the difference.

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### About the Author

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