

## Are There Benefits In Walking Your Cat?

Think you already know what this subject is all about? Chances are that you don't, but by the end of this article you will! Aside from dogs, cats are the next best pets for the home. In fact, 34.7 million households in the United States own at least one cat.

However, the benefits of owning a cat are not constrained to having them as mere pets because cats, like dogs, can be trained to do tricks as well. Even if they are known as "house cats," it is important for them to be given the taste of the outdoor environment. This can be done through walking.

Yes, it is important to engage a cat in outdoor activities such as walking, just like the dog. This is because cats need further stimulation by having a taste of the activities gained by being outside. Walking them outdoors makes them feel entertained and stimulated.

Studies show that cats that are constrained inside the house show a significant sign of boredom and depression. These are not likely to be noticed since cats cannot verbally or even physically tell their owners that they are bored and depressed.

However, there were signs that were noted in a study that projects the negative effects of not having occasional walks outside the house. Scratching the furniture was noted to have a direct association with depression that the cat is experiencing.

The problem with most cat owners is that they tend to pamper their cats and they forget to give them the benefits of enjoying the environment. Hence, a growing health problem arises because most cats are found to be obese.

What people do not know is that even if they are known to be domestic animals and have been in "close contact" with people for more than 3,500 years, cats are known to be born hunters. In fact, most zoologists contend that cats are the "most graceful hunters" in this world.

For this reason, walking a cat is extremely important. Proper use of materials should be observed when walking your cat.

Walking your cat does not necessarily mean it is okay to leave your cats outside. They can encounter danger such as getting a disease or being hurt by neighbors or vehicles.

Try to train your cat to walk with a leash and a harness on. It is best to use a jacket as well so that your cat will be comfortable while walking.

Walking your cat is not a hard work. You just have to use the right tools and the proper training of your cat and you can be assured of a happy and stress-free feline at home. Find out more by reading our other articles on this topic and other subjects we have written related to it.

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