

## Can You Really Trust a Conception Chart?

Almost everyone in the family gets excited when the mother is conceiving a child and everyone would want to know as well whether the baby's a girl or a boy. Upon knowing the baby's gender, most couples rush to the store to buy clothes and other stuff for the baby. This is especially true for first-time parents.

Today, most couples rely on the doctor's ultrasound findings to know their unborn baby's gender. The picture of the baby's body tissues that is shown in the machine's screen are outlined by the echo patterns produced by the bouncing of the high-energy sound waves on the internal tissues and organs.

It's quite interesting to note that long before this modern imaging method was invented, the Chinese people in particular have already devised a method to know beforehand the gender of the baby. They use the conception chart.

Conception chart has also been referred to as Chinese gender chart, Chinese birth gender chart and Chinese gender selection birth chart. This method of knowing the gender of the expected baby is an ancient method, discovered in the thirteenth century in a place near Beijing, China. It was buried for more than seven centuries in a tomb that is believed to belong to a noble Chinese. If you happen to go to Beijing, you can find that antique Chinese conception chart in the Beijing Institute of Science.

This chart has two variables: the month the baby was conceived and the age of the mother. It looks like a multiplication table where rows and columns are headed by the two variables. In the cells below or beside the column and row headings are letters "B" and "G" that stand for boy and girl respectively. The months can be placed either on top of and across the grid while the ages are on the left side downwards or vice versa.

One can determine the gender of the baby by cross-referencing the first variable with the second. So for example, if an 18-year old mother conceives in September, the baby is a boy as predicted by the conception chart. If a 30-year old mother conceives in May, the baby is a girl. When the mother is 45 years old and conceives in the month of January, her baby is a girl.

To date, scientists still remain skeptic about its accuracy as no scientific study has ever verified it yet. Science maintains that gender is determined by the baby's chromosomes. Those who believe and use the old Chinese conception chart method though claim that the conception chart is 93% accurate.

Trying this method can be fun. Just like in a guessing game, finding out that the chart's prediction is actually correct after you or your wife have given birth gives you a feeling of victory. You can find lots of copies of this chart online so just browse through the Internet to get one and predict your child's gender in no time. But if you want a very accurate and reliable answer, it would be best to go to your obstetrician for an ultrasound.

Source: <http://www.articlecircle.com>

### About the Author

Dave Poon is an accomplished writer who specializes in the latest in babies and toddler care. For more information regarding conception charts, please drop by at <http://www.babyinforyou.com>