

## What Do You Really Want?

Ever wonder why some people never get anything good out of their life? That's because they don't know what they want in the first place!

You must be specific in your passions. Only then can you focus all your efforts on that particular desire.

Some people really don't know what they want. Some have never stopped to ask themselves that very important question. Consequently, they will too often find themselves, once again, terribly excited over some new project or endeavor, only to once again experience a disappointing realization that the excitement has been short-lived.

The project is abandoned. Perhaps they lose interest; perhaps they give up when encountered with a problem. Perhaps the project wasn't the right fit for them to begin with.

Those who always change their minds and those who give up easily when the going gets tough, will never get anywhere. If you are pursuing what is for you, a personal passion, the going never gets too tough.

Maybe right now you're confused. You don't seem to know what you want in life. Consider this:

1. What makes your heart beat with excitement?
2. What makes you happy?
3. What are your favorite daydreams?
4. What do you want to do for the rest of your life?
5. What do you enjoy doing?
6. What are your obsessions?
7. What is it that others consider work, but you consider fun?

Try this self analysis:

1. Write on a piece of paper all your possible answers for the seven questions above. Write anything that comes to mind, even responses that seem silly or unimportant.
2. Encircle the 5 to 7 answers that interest you the most.
3. Now evaluate and choose with your heart. What is the one thing, the only thing, that you consider worthy of your best time and resources. Your choice will reflect an activity or interest that will bring out the best in you.

In addition to completing the above exercise, ask close friends and relatives about their personal dreams. Read books and surf the net for information on areas of interest.

There's also a little-known method that's just starting to gain popularity called -- Affirmations. If you do a little search online you'll find some very interesting materials explaining this method.

What affirmations basically do is to allow you to focus all your creative energy on something specific that you want and thus start manifesting it.

I can tell you from personal experience that affirmations are by far the easiest and quickest way of manifesting the specific desires you have... any desires!

And when combined with the power of subliminal technology, you could multiply the power of your affirmations exponentially!

Source: <http://www.articlecircle.com>

### About the Author

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