

Steps to Follow for an Energy Saving Home

More and more people have started to understand, during the last decades, how important it is to save energy and to apply any possible energy saving techniques when it comes to their household. Part of them are trying to implement all these techniques to first of all reduce the amount of money that they have to pay for their utilities, but there is a constantly growing percentage of people who are more and more aware of the fact that we need to also protect the environment and not only our pockets.

However, there are many ways and modalities for people to easily and efficiently save energy, some of which include: changing the traditional light bulbs with new incandescent lights that can save, according to the studies, up to three quarters of the electricity used by the common light bulbs; setting all the appliances in the house, starting with the refrigerator, dishwasher, washing machine, clothes driers etc, on the energy-saving setting; cleaning and replacing furnace, air-conditioner and heat-pump filters.

Furthermore, next steps for saving energy include roping caulk the leaky windows; assessing the heating and cooling systems in order to determine whether any replacements need to be performed or a simple retrofit might actually be efficient enough to make them work as good as new; inspecting the areas of your house such as the attic, for example, to make sure the insulation is at a normal level; insulating hot water pipes and ducts, especially if they run through unheated areas; scheduling an energy audit, which you should be able to do with the help of your utility company, as this kind of a meeting will provide you with expert advice on your home; replacing old appliances in the house, with new and energy-efficient ones.

Some of these methods might require important funding and time, but you have to keep in mind that the whole process of improving the level of energy consumption in your home is an ongoing one.

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About the Author

Detailed information about energy saving, including tips on household savings and environmental issues, are available at <http://www.energyshack.com/>