

## Write Down Your Goals On Paper!

Every person should write down his or her goals. Business goals, personal goals, income goals, and what ever you want to achieve in your life. If you want to achieve something in your life, don't just think about it. Get a nice piece of paper and write down the goal.

Having a goal sitting in your head may not help that much. Every book says that you need to write down your goals. First thinking about the goal is a good way to start but again, you need to write it down as soon as you think about it.

What is it that you want to accomplish?

Think about this in your mind and come up with the exact goal that you want to get. For example, let's look at a person who wants to earn 00 in the next 30 days online. Here is what he or she needs to do.

first step is to write down the goal of earning 00 in the next 30 days. So that's done. Good.

Next what you will want to do is to write how you are going to achieve this goal. You should figure out by now that you will want to find someone who has already done this before. Having a burning desire will also help you get to your goal.

Write down why you want to achieve this goal. For some, it is just having that extra income to help them pay for a car payment. For others, it may be that they want to save money. What ever your goals are, write down why you want to achieve them.

Another point to consider is to have complete faith in yourself and your desired goals. You need to have faith because if you don't, you may not achieve your goals at all. You may have written them down, but it means nothing if you kick out your belief of achieving this goal from your "belief" system that is sitting there somewhere in your head. You need to have faith that you can reach any goal that you set.

After you achieve a particular goal, don't forget to give yourself a pat on the back. Give yourself some sort of a reward. Once you achieve your first goal, you can accomplish any of your future goals in life. It should give you some sort of motivation to write more and more goals down.

Now, what would happen if you don't reach your goal? This can happen to anyone who sets goals. The best thing that you will need to do is to learn from this situation and think what you can do next time to achieve that goal.

If you fail once, try again. If you fail the second time, then try again until you reach your desired goal. But don't take the same action. Learn what you did wrong in the first trial and try something different.

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### About the Author

Pat Watt is the owner of <http://www.workbizfromhom.com> Her website is geared for people who are interested in finding an online work at home opportunity or finding the perfect home based business.