

Discover Your Genius Within

The functions of the right and left brain are only a small portion of the potential that comprises THE MIND. The mind and the brain are two very different things. You can think of the brain as the hard drive of the computer and the mind as the software. Your mind is the intelligence that is in every cell, every system and every organ of your body. It is that intangible, incredible, and awe-inspiring part of you that thinks, remembers, sorts information, makes judgments, forms habits, discerns, distinguishes, communicates and otherwise makes you who you are. It is the genius within.

Your mind takes in all information through the five senses (sight, touch, hearing, smell and taste). You can liken the five senses to the keyboard on the computer. You receive input through your senses, your "data entry" system. Your brain then stores, categorizes and utilizes this information. A genius knows how to access that information and then apply it in discovering the solutions to any problems that may arise. It is therefore essential that you discover your own individual style for gathering and communicating information.

Some of us process sensory input more effectively through visual means, others through auditory stimuli, and others through a kinesthetic (a touch or feel) approach. Here's a very simple way to begin to contemplate which way your genius accesses information. Imagine for a moment that you are buying a new item of clothing for an important meeting. Would you be most influenced to buy primarily for a) the color and style of the outfit; b) the benefits the salesperson tells you about the clothing; c) the texture and feel of the fabric. If you chose "A", your brain receives information primarily through visual means. If you chose "B", you perceive information primarily through auditory means. If "C", you most likely access information through kinesthetic means.

Everyone learns and communicates in all three of these modes. However, most people have developed a natural preference, and tend to use one method more frequently. As an awakening genius, it's your goal to become aware of your preference and then strive to strike a balance between all three modes: visual, auditory, and kinesthetic.

Are you willing to stretch your abilities by consciously choosing to use your other senses more? Can you imagine the benefits of opening your mind to receive ALL the input from the world around you? Doing so will give you an awareness of an exciting world that's been there all along, but which you may have been missing.

It is natural for you to use what is comfortable, but the awakened genius is willing to grow. Like the turtle, you won't go far without coming out of your shell. You will be pleasantly surprised as you practice using and developing your other senses. You will notice how your memory improves and how easy it becomes for you to make choices. You will discover a whole new world of communication. Once you learn to create a balance in perception, you will be well on your way to thinking holographically - and using the full power of your genius!

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