

Wild Kenya Lands

Kenya is a country in Eastern Africa. It is bordered by Somalia Tanzania Uganda Sudan Ethiopia and the Indian Ocean. Kenya does not have a national dress with more than 42 ethnic communities in Kenya but several attempts have been made to design an outfit that can be worn by all.

The name Kenya is a synonymous with the great wilds of Africa. Most visitors to Kenya want to experience the country's world famous wildlife. But there are many different ways to experience the Kenyan wilderness. Whether you want to drive by a pride of lions in a four wheel drive, walk through herds of plains game, watch a herd of elephants from the comfortable veranda of a safari lodge, track game on horseback or search for rare birds in a thick rainforest, the possibilities are endless.

The world's most famous game reserve is the Maasai Mara home to the world's greatest wildlife spectacle and the annual wildebeest migration. The best time to see game in the Mara is early morning and late afternoon. In the midday heat, most animals generally retreat to the cool of thick undergrowth and become invisible. Morning and afternoon game drives also allow you to witness the unforgettable African dawn and sunsets.

The most common means of Game viewing here is in customized vehicles. These vehicles usually have open roofs or sides and are ideal for photography. There are a series of maintained roads throughout the reserve. Some safari companies offer all day game drives, stopping for a riverside picnic in the midday heat.

High altitude Kenya offers something for everyone. There are refreshing hill walks through bird rich areas or more active hikes into forests. Above all there is mighty Mt Kenya, whose slopes are the perfect trekking destination. The mountain's alpine peak is a challenging technical summit for the experienced mountaineer.

The Kenyan coast is lined with pristine white sand beaches fringing the warm inviting waters of the Indian Ocean. Beach boys sell goods all along the Kenyan coast and can be persistent.

Kenya is a land of contrasts, and nowhere is this more apparent than in its range of altitudes. The hills and mountains of Kenya are a world apart from the lowland valleys and plains.

Try the freshly caught prawns and lobsters and there are a good choice of food outlets serving traditional dishes of chicken, rice and beans. There are international restaurants as a legacy from years of British rule, full English breakfasts and afternoon teas are commonplace.

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