

5 Things You Need To Do After You Retire

Although you no longer have to worry about going to work every day, you can still find many ways to keep yourself busy. Many people think that once they retire, they will be bored because they are used to working every day. However, there are many different activities that you can get involved in once you are retired. Here are five things you should do after you retire:

1. Stay involved with competition

By joining a retirement community, you can get involved in new activities you have never participated in before. Or pick up those you enjoy but haven't had time for. Many people always want to play more golf. When you retire, you can hit the links more than ever, especially by joining a community that is on or near a golf course. Many retirement communities also have tennis courts that you can play on. Try playing bridge, bingo or other sporting activities. Some communities host tournaments, where those who still have their competitive spirit can once again play for that top spot.

2. Collect something

Many seniors pick up a new hobby when retired. Some collect coins, stamps, cards or even cars. Collecting anything, no matter what it is, activates a new passion for something in your life. With the way the internet has evolved, collecting things has become much simpler. Web sites such as eBay offer a wide variation of different stuff for anyone, and it is a very simple interface to use. As many people always say, one person's junk is another person's treasure.

3. Learn something new

Retirement is a great time to learn something new. Take classes about the internet. Or take an [online course](#) and learn a particular [degree of study](#) that you always wanted to learn. Go back to school and earn that college degree you always wanted. Watch the History Channel, go to the library and find a book or go to the zoo and learn about animals. Knowledge is power, and even the most intelligent people can learn something new everyday. Keep your mind active; an active mind is never bored.

4. Adopt a pet

There are many animals that go unadopted each year. By adopting a pet, you can not only get a new friend, but help an animal in need. Now that you are retired, you can adopt that cat that you have always wanted. Cats make very good pets because they are very independent and low maintenance. Or you can get a new companion in adopting a new dog. However, you should always make sure you have the time, money and sufficient area to have a pet. For more information on adopting a pet, visit [The American Society for the Prevention of Cruelty to Animals](#).

5. Relax

You have worked your whole life. Take a long and much needed break from the busy life of work. Go on vacation and visit the islands you have always been wishing to see. Sit on the beach in the shade and take in the nice weather. Go sight-seeing at the Grand Canyon or in Italy. Or just relax with your significant other and a candlelight dinner. Either way, after working all your life, you deserve a break sometime. After all, retirement is the one way ticket to relaxation.

Try one of these five things after your retirement. However, five is not nearly enough. There are many other things you can do after your retirement. Try joining special interest groups in your area. Go sight-seeing. Take a train ride across the country. For the daredevil types, bungee jump or [sky dive](#). Volunteer at a shelter, church or for a political campaign. Go to the movies. Retirement doesn't have to mean sitting around the house all day. With so many opportunities to stay active, retirement can actually be all it's cracked up to be.

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About the Author

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