

How To Be A Success

Learn how to master your area of endeavor the right way. Start out by finding the people and books that will make you exceptional. Seek out the best sources of information that you can afford.

Analyze each part of the skill you wish to master, then put it all together to create a fluid form. Develop first a theoretical understanding, then a practical one. When you practice your knowledge, your work will flow and appear effortless.

Practice relentlessly. Spend long hours practicing. Keep a regular schedule for your activity. If you have long gaps between practice, you will lose some momentum in mastering your skill. The cumulative effect of practice will make you exceptional.

Self-discipline will come from imagination. When you can create a burning desire by imagining your ultimate success, self-discipline will happen spontaneously. If you do not have a burning desire, you may want to rethink your goals. Unless you feel passionate about your goals, the smallest obstacle will throw you off course.

Believe in yourself. Recall all the previous successes you have had in your life. Use these memories to build an enduring self-confidence. When you believe that you can do something, you will find a way to make your belief come true.

If you methodically prepare for your own particular game you will find yourself on the way to mastery. You can win in any of the games of life. Just decide on it, and follow up with study and practice.

You can move beyond your stuck states by contemplating all the possible consequences of your own particular situation.

What is it that you want to work in your life?

What inner obstacles prevent you from achieving the successful outcome you desire?

Once you have confronted your own fears, then you will be ready to take stock of your current situation and try out new strategies.

There are three stages of problem-solving.

First, get clear on your vague fears and imaginings. Bring them out in the open. Confront them. See what is really going on. Unless you can ask the right question, which comes from getting the right perspective on the issue, you will not be able to start looking for the right answer.

Second, once you have some inner clarity, freed from emotional congestion, look at your problems objectively, empirically. Ask yourself what needs to happen here to make things work out? Ask an objective, matter-of-fact, question. Avoid subjective, questions.

And third, apply all available resources to solve your problem. Make a list of all your resources. This includes people you can query or books, articles, or multimedia you can learn from.

Above all, find your way back to faith in your situation. When you believe in yourself, when you can rekindle the flame of hope in your heart, when you can reanimate your brain and your nervous system then the creative solution to your problem will arise. Once you clear the vague, illusive, obstructive emotional blocks, your mind will function clearly and well.

Once you confront a problem head on, you are halfway there to resolving it. Turning your back on problems, avoiding them, and procrastinating only makes them more substantial and terrifying. Once you face your fears, you can begin to solve your problem. Once you have brought your fears to light, courage returns, and with courage comes hope, and with hope, creativity, boldness, and magic.

Problems appear frustratingly difficult to solve because they come with a lot of emotional charge. But once you remove the charge, you will see that you need to take only three simple steps to solve them.

Source: <http://www.articlecircle.com>

About the Author

Saleem Rana would love to share his inspiring ideas with you. Hunting everywhere for a life worth living? Discover the life of your dreams. His book,

Never Ever Give Up is offered at no cost to stimulate your success. <http://www.theempowersoul.com/enter.html>