

## Is He Cheating?

Are you wondering if your husband or boyfriend is cheating on you? If this is something that's regularly on your mind, it can drive you half crazy. If you are plagued with suspicion because of the way your mate is acting and suspect that something is wrong, you are probably right. Trust your instinct and work to find out the truth.

If they are doing suspicious things and you suspect they're being dishonest with you, you must get to the truth to either put your mind at ease or give you the information you need in order to confront them. Women whose husbands or boyfriends spent curiously long hours (especially late at night) using the computer can be suspicious. Those who cover their tracks by always cleaning out their temporary internet files and internet surfing history may be trying to hide something. Some men put passwords on everything including their screensaver so that you can't see what they're doing.

If your spouse or significant other is acting suspiciously with the computer, they may be doing something dishonest such as having an Internet based affair. They also could be spending their time looking at and downloading pornography. If you are consumed with curiosity about what they're up to, you can find out, even if you're not extremely technical.

Some think they have to be a trained computer hacker to find out what's going on but there are simple software packages out there that can trace and track your mate's computer habits and send you reports of exactly what they are up to. If you live together and have a shared computer, you can easily install this software and have it send you reports. If you don't live together but can install it on your mate's computer, it can send reports to any e-mail address you choose. You can find out what they're downloading, what they're looking at and who they are chatting with. You can see transcripts of every instant messaging conversation as well as receive copies of every e-mail on their computer. You can get results of online and offline activities including passwords. Programs can give you very basic reporting or advanced information as well.

If you are suspicious about his behavior, you have a right to find out if he's being honest and faithful to you. There are tools to help and you don't need a bachelor's degree in computer science to get to the answers.

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### About the Author

Total Innovations, Inc. specializes in developing award winning software programs designed to solve computer users needs. The Emailspy computer monitoring software, [www.spyblaster.com](http://www.spyblaster.com) & [www.folderhider.com](http://www.folderhider.com) are a few of the most recent. See full details at: <http://www.emailspy.com>