

The 4 Most Important Tips to Speed Read Faster than Ever

Many people, particularly students, would love to be able to soak up information quicker. But before retaining information, they have to go through the first stage of learning, which is reading.

For many individuals who are pressed for time, speed reading has become essential. However, it's not just the reading part that is important. Equally essential is for the reader to fully comprehend the words coming out from the book or paper.

Here are some great tips to read and comprehend faster.

1) Relax.

If you're in the stressed mode, it would be much more difficult to concentrate; hence, it would just be a lot harder for the information to sink in.

2) Know what you want.

Focus on the areas that you really need to learn. Some people read all parts of a book, when all they need to know is a specific chapter.

Know your priority. If you need to find out about a certain subject, go to the Table of Contents and search for the heading that best suits your need. If you need to learn more, then adjust in view of that. The important thing is to weed out the parts that you don't currently need.

3) Get rid of the structure words.

Did you know that around 60% of the words we read are structure words? Examples are the words "the, or, and." They are necessary in the formation of the sentences; but when you ignore them, they basically mean the same thing. They only serve to beautify, yet you can understand what you are reading even without them. Try not to focus too much attention on structure words.

4) Practice, practice, practice.

When I started exercising with weights, I can only lift the lighter ones. As the time goes by, I slowly add more and more weights as my body tends to adjust and become more comfortable carrying heavier ones.

The same concept goes for speed reading. Set a goal. Figure out how quick you can read, then create a plan to

increase your capability.

If you can read 200 words per minute, set a goal to read 250 words a minute. After accomplishing this feat, set a goal to read 300 words per minute.

This takes time and practice, but the effort is all worth it. If this is your first time to set such a goal, read first those materials you are familiar with.

Carry on with more difficult ones as you progress. This way, you're not overwhelming yourself with understanding different new words and at the same time increasing your speed reading skills.

Regards,

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Michael Sherriff has authored a number of best selling ebook on subjects from self help to credit repair, from online marketing to arts and crafts for kids. Visit <http://ebook-beyond.com> for more of his ebooks or why not visit <http://making-scoobies.co.uk> <http://saysushi.co.uk> <http://ukcreditsecrets.co.uk> to see a few examples of his best selling works