

## 25 Reasons Why Babies Cry

More often than not, a crying baby can drive parents and caregivers crazy, especially if the baby cries persistently. However, you need to know that crying is a common event in the lives of all babies. When a baby comes out of the womb the first thing to do is crying.

By the first cry he will take some air into the lungs for the first time in their life. It is obvious that the healthy baby should cry.

We all know that a baby can't tell his needs or troubles. The only way for him to communicate with others is by crying. Babies show some other signals like feet kicking, hand waving and head turning. But the easiest way to capture the attention of others is by crying.

It's hard to define whether crying is excessive, as the crying behavior varies from baby to baby. Some babies can be calmed easily but some are difficult to sooth.

Many a times the baby calms down by giving breast milk or by carrying with a gentle rocking. Sudden onset of excessive crying means the baby is distressed and needs attention.

The causes of crying extends from simple reasons to life threatening conditions. While it is prudent to investigate every crying, it is also good to know that some babies cry habitually without any real reasons, but will stop gradually.

Here is a list of the common causes of a baby crying.

### 1) Hunger

One of the more common reasons is a hungry baby, who will cry until he gets the milk.

### 2) Wetting

Urination and defecation cause some discomfort and results in crying till he is cleaned and made dry .

### 3) Company

Some babies need someone near. Or when his comfort item like a favourite doll slips away from the grip, he cries.

### 4) Fatigue

When the baby is tired but unable to sleep, he'll simply cry.

### 5) Heat and cold

If he feels too hot or too cold he becomes restless and cry. Ensure there is good ventilation and the room temperature is just right.

### 6) Tight clothing

Tight clothes especially during warm weather is intolerable for babies. Tight elastic of the dress can also cause soreness in the hip area.

### 7) Dark room

When the baby wakes up from sleep he needs some dim light. If there is complete darkness he will cry.

### 8) Mosquitoes

Yes, these insects disturb the sleep by their blood sucking, causing itch and making the baby cry.

### 9) Nasal blockage

The infant may not be able to sleep when there is nasal blockage and will keep on crying until the passage is clear.

### 10) Phlegm in throat

This also causes difficult breathing. Sometimes a typical sound can be heard with each breath.

### 11) General aching

Generalised body ache with restlessness is seen in flu and prodromal stages of some infectious diseases. The baby cries as a result.

#### 12) Nappy rash

If a tight and wet nappy is kept for a long time, a nappy rash may develop. The rash can also be due to some allergic response to the elastic material of the nappy. Other skin problems like eczema, ecthyma, candidiasis etc can also cause discomfort in the baby.

#### 13) Ear ache

Ear infection is prevalent especially in wet climate. Ear ache commonly becomes worse at night when lying down. The child will become restless and an older toddler may show signs of rubbing the affected ear regularly.

Source: <http://www.articlecircle.com>

#### About the Author

The remaining 12 reasons why babies cry can be found at <http://www.champbaby.com/baby/65/25-reasons-why-babies-cry/> . ChampBaby is a premier online baby resource. Visit Champbaby to claim a free copy of "Baby's First Year", a precious ebook for all new parents.