

PFLAG: Supporting Parents And Friends Of Lesbians And Gays

If you are a parent, family member or friend of a gay, lesbian, bisexual or transgender person then it is likely you will benefit from pflag.

Pflag is a voluntary support group that offers emotional and informative support to people who may or may not be handling knowing someone that is from the glbt(gay, lesbian, bisexual and transgender) community. If this sounds like you, then you may need to receive support from people who truly understand how you are feeling first hand. If you contact pflag (parents and friends of lesbians and gays) you will be welcomed with open arms by parents in particular that know what it is like to have their son or daughter come out to them, they know the heartbreak, confusion, guilt and worry that most parents go through when they first discover this.

They can help you grieve and then learn and most often come to terms with this situation. You will not have to worry about confidentiality because this a high priority. Pflag will be able to offer you a safe and comforting haven for you to express your feelings, have your questions answered and have the opportunity to educate yourself.

This support group has chapters all around the U.S and around the world including Australia, N.Z, U.K and many other countries. The work of these people is absolutely invaluable to a community in general that is homophobic and very unaccepting.

You will also find that these parents and families come from all different walks of life. Different religions, faiths, nationalities. People from different soci economical backgrounds including poor, rich, educated and non educated. What will be obvious is that every one of them will have something in common and that is that they love someone who is gay, lesbian, bisexual or transgender.

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About the Author

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